Year 1 Science: What your body needs: air, food and water

Name: _____ Date: _____

Try these without your notes first, then check the answer key.

Practice

1. Which part of your body does food go in through?

2. Where does air go when you breathe in?

3. Breathing out: is that arrow into the body or out of it?

4. Name the three things your body needs every day.

5. How does water your body does not need leave it?

Fix the mistake

6. Correct this statement: "When I swallow food, it goes into my lungs."

7. Correct this statement: "I only need water when I feel thirsty."

8. Correct this statement: "The air I breathe out is just the same as the air I breathe in."

Answer key (for parents and tutors)

1. Which part of your body does food go in through?
   The mouth.
2. Where does air go when you breathe in?
   Down into the lungs.
3. Breathing out: is that arrow into the body or out of it?
   Out of the body.
4. Name the three things your body needs every day.
   Air, food and water.
5. How does water your body does not need leave it?
   As urine, or wee.
6. Correct this statement: "When I swallow food, it goes into my lungs."
   Food goes down a tube to your stomach; only air goes into your lungs.
7. Correct this statement: "I only need water when I feel thirsty."
   Your body needs water every day, and feeling thirsty means it already needs more.
8. Correct this statement: "The air I breathe out is just the same as the air I breathe in."
   Breathed-out air carries away a gas your body does not need.